

Windridge Times

THE WINDRIDGE TENNIS & SPORTS CAMP NEWSLETTER



ALUMNI SPOTLIGHT 03



RAMSEY'S TENNIS TIP 04



WINDRIDGE OUT & ABOUT 06



2024 PHOTO COLLAGE 07



News From Camp

Winter has been amazing here in Vermont, and the snowfall has been nothing short of impressive. Between the shoveling and roof raking, we've been making the most of the winter wonderland—plenty of pond hockey, snow piles to jump into, and skiing (mostly for Nifer, who's hitting the backcountry) to take full advantage of life in the beautiful Green Mountains. As we write this, opening day is just 99 days away, and we couldn't be more excited to welcome everyone back to camp and to make this summer the best one yet!

We are thrilled to share that enrollment has been fantastic. We have a great balance of new and returning campers across all sessions, and these are some of our best numbers ever. Session two rookie camp is already full for girls, session one has limited availability, session three is almost full, and private tennis lessons have sold out in all sessions—exciting signs of what's to come!

Elizabeth has been working tirelessly to assemble a team of amazing counselors and staff, all ready to make every camper's experience at Windridge impactful and memorable for years to come. For those of you who are returning to Teela, there will be plenty of familiar faces. While it's difficult to list every returning staff member—since it's always a work in progress—we have listed those in leadership roles in this newsletter.

Pre-camp kicks off on May 15, and we have plenty of exciting projects lined up to continue improving our Roxbury facility. We will be addressing some of our tennis fencing needs—particularly wind-proofing and reinforcing areas where balls have started slipping through the cracks. We'll also be focusing on our pool and recreation area, updating fencing, re-sanding our volleyball court, and improving drainage. Additionally, more basketball hoops and ping pong tables will be added to enhance the fun!

On another note, we're settling into our new office in the lower village of Stowe, located at 588 South Main Street. If you are ever in the area, and we hope some of you are taking advantage of the awesome snow conditions in Vermont this winter, please stop by and say hello! Ramsey, Nifer, Elizabeth, and our newest Windridge family member, Cory Scoppe (our new office manager), are often in and out, but we're always excited to welcome guests.

We are looking forward to summer days, camp being full again, and to a fantastic summer with all of you!

Warm regards,
Ramsey and Nifer



“The boys came home so incredibly happy. They had an absolute blast! They said the kids, staff, food, activities... all amazing. Can't ask for more.”

As many of you know, **we are a screen free camp**, and ask all campers to leave items at home that connect to the internet. This includes phones, watches, and tablets. We do allow kindles, but ask that all books are downloaded while at home before coming to camp and would prefer campers bring books.

We have noticed an uptick in screen withdrawal, which presents as homesickness, for the first days of each session. *Your camper may struggle with the transition to life at camp without a device.* It takes a few days for them to acclimate to life without notifications and alerts and without checking in multiple times a day with friends and loved ones. We are experienced in helping them work through this and have seen many manifestations of the withdrawal symptoms. We recommend ramping down use and access to screens at home in the week before camp.

2025 Dates & Rates

Session	Dates	Days	Cost	Riding
Session 1	Tuesday, June 24 - Wednesday, July 9	16	\$5200	\$1130
Session 2	Saturday, July 12 - Thursday, July 31	20	\$6500	\$1420
Session 3	Saturday, August 2 - Sunday, August 17	16	\$5200	\$1130
Rookie Session 1	Wednesday, June 21 - Friday, June 30	10	\$3300	n/a
Rookie Session 2	Saturday, July 8 - Monday, July 17	10	\$3300	n/a
Rookie Session 3	Sunday, July 30 - Tuesday, August 8	10	\$3300	n/a
CIT Session 1	Wednesday, June 21 - Thursday, July 6	16	\$2700	
CIT Session 2	Saturday, July 8 - Friday, July 28	20	\$3350	
CIT Session 3	Sunday, July 30 - Monday, August 14	16	\$2700	



- Rookie Sessions are for first-time campers, ages 7-10
- CIT Sessions are for 16 year old returning campers
- Stay two sessions, receive a \$500 discount

Alumni Spotlight - Eliot Spizzirri

We are often asked whether any of our campers go on to find success at the professional level. While that is not the norm, we have several alumni who have competed at national and international levels. Arguably, the most notable is Ferdi Taygan, a former French Open Doubles Champion, with a career-high singles ranking of No. 67. However, in the past year another Windridge alumni, Eliot Spizzirri, has made waves in the professional tennis world.

Eliot Spizzirri, a 2010 Windridge camper, has been steadily climbing the ATP rankings since turning pro in 2019. Last month, he won his first ATP Challenger event in San Diego, reaching a career-high ranking of No. 144. At just 23 years old, Eliot has plenty of room to rise further in the ranks.

I first met Eliot in 2009, when I was the Head Professional at the Fishers Island Club. The following summer, as the Director of Tennis at the Hay Harbor Club on Fishers Island, I had the opportunity to build a relationship with Eliot both on and off the court over the next ten years. Every

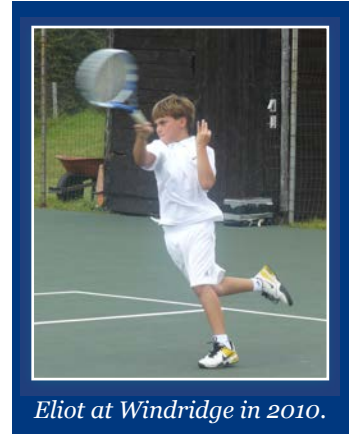
August, Eliot and his family would visit Fishers, and I would get to witness his passion for the sport firsthand, until leaving HHC to return to Windridge with Nifer.

From an early age, Eliot had his sights set on professional tennis. His time on Fishers Island served more as a brief respite from his demanding schedule. While he kept his racket in hand daily, our time on court was always a balance of focused work and lighthearted fun. Whether fine-tuning different aspects of his game, playing mini-games, or hitting with his twin brother, Nick, Eliot always found joy in the sport of tennis.

As a blue-chip recruit, Eliot went on to play collegiately at the University of Texas, where he finished as the No. 1 NCAA Division I player during both his junior and senior seasons. He won the 2019 US Open Junior Boys' Doubles title and qualified for the main draw of last year's US Open, where he defeated world No. 1 junior Joao Fonseca.



Eliot with a fellow camper in 2010



Eliot at Windridge in 2010.

His recent victory in San Diego was particularly special, because he faced Mackenzie McDonald in the final, who also has ties to Fishers Island. Before the match, Eliot texted me, calling it a “full-circle moment.” Mackie, about six years older than Eliot, trained as a junior under Jonas Lundblad, a friend and former colleague of mine, who was the Director of Tennis at Fishers Island Club. Eliot grew up watching Mackie’s rise, from junior success to becoming an NCAA Singles and Doubles Champion. To compete against him on the professional stage was a surreal milestone for Eliot.

At Windridge, we take immense pride in following the journeys of our campers and in celebrating their hard work, dedication, and achievements—both on and off the court. We wish Eliot continued success on the ATP Tour and will be cheering him on every step of the way.

Staff Updates

We are incredibly excited about the staff members that are returning to Windridge this summer.



From left, Olivia, Lucy, Daniel and Abby at the rodeo last summer.

- Ramsey, JD Shade, and Roscoe Moonieyan will be back on our beautiful red clay and Har-Tru courts, leading the tennis program. Dylan and Manu will be back as counselors alongside Clint O’Neil.
- Sue McNeil, Sof Quinzanos, and Lucy McCarthy are returning to head up our riding program and Cara and Nari are returning as counselors and stable hands.
- Jamie Campbell is back to run the soccer program, joined by Paul O’Grady, who is returning for his second year.
- In Electives, Olivia Smart is returning as our Director with Alicia and Ged, who was with us in 2023.
- Matthew Walker, our golf instructor, is back for his second summer.
- Dani and Abby will be returning to head up boys and girls camp.
- Vinny Murawski, Matous Vrana, and Damian Ryzinsky will be heading up our facility needs.

Ramsey's Tennis Tip



CREATING POWER ON YOUR FOREHAND

Use Your Legs

Generating power starts from the ground up. Establish a strong, balanced position before striking the ball, maintain stability throughout your shot, and finish with control. A solid foundation allows you to transfer energy efficiently and maximize power with minimal effort. Think of your legs as the engine that drives your shot.

Racket Speed Matters

Swing speed is essential for both power and spin. Building off the first point, the stronger your connection is with the court and the more you engage your legs, the more racket speed you can generate. Racket speed is generated by the uncoiling of your legs, hips, core, shoulders, arms, and then wrist. The racket lags, and whips through (almost like snapping a tea-towel).

Rotation

As you prepare to hit, your body should already be coiled, ready to uncoil explosively into your shot. A strong base from your legs and core enhances this rotation, helping you generate effortless power. If you are feeling rushed, remember that proper preparation and a timely backswing create the sensation of having more time to execute your shot.

Balance is Key

Power is crucial for dictating play, but consistency is just as important. For consistency, focus on maintaining balance throughout your shot and aim for big targets with a safe margin for error. When you combine balance, racket speed, and efficient rotation, you'll be able to generate power effortlessly while maintaining control.



WINDRIDGE WORD SEARCH

Our word search is made up of staff who are coming back for 2025.
See if you can find them all!

D	W	P	E	P	A	B	B	Y	R	N	L	C	M	S
A	M	O	L	A	F	P	B	M	C	A	G	U	E	U
M	A	J	I	U	B	D	A	N	I	Z	M	L	C	E
I	N	A	Z	L	A	Z	A	H	V	G	S	S	T	Y
A	U	M	A	J	L	B	N	T	L	N	U	N	E	M
N	K	I	B	K	I	N	O	R	B	E	R	T	D	Y
Z	I	E	E	L	N	I	X	C	Y	D	G	V	M	D
D	K	E	T	U	T	C	S	F	E	F	R	C	A	R
H	E	A	H	P	Q	O	F	R	S	U	E	D	T	K
C	V	Z	L	E	G	L	N	O	I	K	C	Y	T	X
B	L	I	M	I	X	I	A	S	K	F	L	L	H	Q
N	S	A	N	B	C	V	R	C	A	G	I	A	E	D
G	Y	W	R	N	O	I	I	O	Y	E	N	N	W	A
G	G	K	P	A	Y	A	A	E	O	D	T	C	D	V
G	G	M	A	T	O	U	S	N	I	F	E	R	X	E

Ted	Alicia	Balint	Vinny	Manu
Matthew	Nifer	Clara	Lucy	Nari
Norbert	Damian	Dylan	Kike	Dave
Clint	Matous	Paul	Nico	Sue
Olivia	Roscoe	Ramsey	Jamie	Ged
Yesika	Dani	Abby	Lupe	Elizabeth

Windridge Out & About

"I can't tell you how grateful I am for your dedication to standards of excellence and personal care at the Windridge community. Gus returned home from camp happy, active and motivated. He has been inspired by such a healthy lifestyle and active schedule at Windridge."



Abby Wilson, Lucy McCarthy, and Olivia Smart traveling in Bangkok this winter.



George and Charlie Vallhonrat stopped by camp for this picture after a ski weekend at Sugarbush & Mad River



Even Benedict, Ayla Davis-Pick, Bailey Shepherd and Riley Trippe



Elizabeth, Olivia Smart and Grace Long



Eva Burglund and Harper Irwin



2024 staff members, Manu, Emiliano, Paco, Antonio, Ida, and Abby in Madrid.



Cate Beattie and Olivia Smart in NYC

Have you met up with a Windridge friend or been somewhere fun in your Windridge gear? Send us your pictures!

